

# Fife College

## Hairdressing, Barbering, and Beauty Price List

### **Accessible version**

Welcome to our Inspired Salons.

Our hairdressing, barbering, beauty, and nail services treatments are open to all, providing an affordable way to treat yourself. You will be welcomed into our salons and looked after by our experienced staff and their students, who are training towards accredited qualifications.

All our treatments and services are carried out by students in a supervised training environment and as a result, in some cases, they may take longer than professional timings.

Treatments are available at Dunfermline, Kirkcaldy, and Levenmouth Campuses, however, not all treatments are available at all locations.

Due to the order of teaching, the availability of treatments will vary throughout the year, with no provision during the months of July and August. Our salon reception staff will be able to advise accordingly when you make your appointment.

It is requested that 24 hours' notice of cancellation of treatment is given. Please call the salon reception to cancel or change your appointment. Contact can also be made on our Facebook page at [hair&beauty@fife](mailto:hair&beauty@fife)

### **Please note:**

- The College cannot accept responsibility for any damage to clothing or personal belongings whilst visiting our salons.
- A full consultation is carried out for every client and all information gathered is confidential.
- For health and safety reasons, children under 16 are not permitted within our salons.
- The price list is correct at the time of printing and may be subject to change.
- Colour and other chemical treatments are not available to under 16s. Proof of age may be required.
- Parental consent will be required for some treatments.
- Skin tests may be required for some treatments. Skin testing must be carried out 24-48 hours prior to the treatment

Gift vouchers for all of our hair and beauty treatments can be purchased from our salon receptions, where we also stock a range of professional products for retail sale.

## Hairdressing

### Cutting and Styling

Blow-dry: £3.00

Cut and Style: £0.00

Hair-up: from £5.00

Professional Conditioning Treatments: from £3.00

### Colouring

Skin tests may be required. Not available for under 16s. Proof of age may be required.

<b>Service</b>	<b>Short Hair</b>	<b>Long Hair</b>
Toner	£10.00	£12.00
Quasi Permanent	£17.00	£19.00
Tint Regrowth	From £16.00	
Full Head Colour	£23.00	£26.00
Highlights/Lowlights (Level 2)	£23.00	£26.00
Highlights/Lowlights (Level 3)	£26.00	£28.00
Wella Plex	£10.00	

### Combination Colouring

Skin test required. Not available for under 16s. Proof of age may be required.

Complex Service Using Multiple Colours: Up to £40

Colour Correction/Reduction: Up to £40

## Barbering

Gents Cut: £0

Gents Perm: £10

Gents Hair Colour: £10

Toner: £10

## Beauty Therapy Treatments

The medical conditions listed below may restrict, prevent, or require medical consent for some or all of our treatments:

- Cancer/cancer treatments within the last two years

- Diabetes, Epilepsy, Heart problems, Recent operations, Heavy medication, Thyroid conditions, Varicose veins (severe), Deep vein thrombosis, Skin diseases (e.g. impetigo, cold sores), Multiple sclerosis (MS), Myalgic encephalomyelitis (ME)

As with any professional salon, we reserve the right to refuse any treatment should we feel it is necessary.

Please ensure that if you have booked a course of treatments, you attend until the course is complete as this is required for student assessment evidence.

Some treatments may require a skin test 24-48 hours prior to your appointment. You will be advised of this at time of booking.

## Facial Treatments

Specialist facial treatments, using professional products, are tailored to your individual skin care needs.

### Manual Facial:

(Parental consent required)

Price: £7 or 3 for £18

Treatment time: 1 hour – 1 hour 15 minutes

Includes deep cleansing, steam/hot compress, exfoliation, massage, and mask.

### Electrical Facial:

Not available for under 16s.

Price: £8 or 3 for £20

Treatment time: 1 hour – 1 hour 30 minutes

Includes deep cleansing, steam/hot compress, exfoliation, massage, and mask. Therapist will advise appropriate treatment, which may incorporate:

- Non-surgical facial (facial contour lifting)
- Galvanic – deep cleansing or nourishing, aids penetration of specially selected products into the deeper layers of the skin
- High Frequency – deep cleansing or nourishing
- Vacuum Suction – lymphatic drainage, beneficial to most skin types

### Microdermabrasion:

Not available for under 16s

Price: £12 or 3 for £30

Treatment time: 45 minutes – 1 hour

Intensive exfoliation using micro-crystals, suitable for most skin types apart from sensitive skins. Micro crystals are used to lift away dead skin cells, especially beneficial for scarring, open pores, fine lines and stretch marks.

## **Hand and Foot Treatments**

Using professional salon products.

Parental consent required.

Manicure £5.00

Specialist Manicure £7.00

Pedicure £5.00

Specialist Pedicure £7.00

Nail Art £7.00

Artificial Nails (set) £12.00

Artificial Nails with Nail Art/Gel Polish £17.00

Infill and Rebalance £7.50

Removal £5.00

Natural Nail Overlay (without extension) £5.00

Gel Polish for Hands or Feet £10.00

Gel Polish Removal £5.00

## **Tanning Treatments**

Parental consent required.

Full Body Manual Tan £10.00

Spray Tan £8.00

## **Body Treatments**

You may undergo postural, exercise and lifestyle advice during your treatment to facilitate students' case study work.

## **Massage**

Parental consent required.

Back Massage (30 minutes) £5

Full Body Massage (1 hour) £6 or 4 for £20

Hot Stone Massage (1 hour 15 minutes) £10

### **Aromatherapy Massage**

Not available to under 16s

Single session (1 hour) £8.00

Course of 3 treatments £18.00

Course of 6 treatments £34.00

Using essential oils tailored to meet your individual requirements. A course of treatments may be required to facilitate students' case studies.

**Body Electrical Treatments:** £6 or 3 for £15

Not available for under 16s.

Treatments may include Faradic (body toning), Galvanic (anti-cellulite), G5 Massage (deep tissue), or Vacuum Suction (lymphatic drainage).

**Indian Head Massage:** £5 or 4 for £15

Deeply relaxing massage performed through clothing with the client seated.

Parental consent required.

### **Eye Treatments**

Not available to under 16s. Skin test required.

Eyebrow Tidy/Reshape £2.00

Eyelash Tint £5.00

Eyebrow Tint £3.00

Eyelash Lift (includes tint) £8.00

Weekend Lashes £5.00

Strip Lashes £4.00

Package (eyelash and brow tint, eyebrow tidy) £8.00

Lash Lift £10.00

Semi-permanent Lashes £15.00

## **Waxing**

Temporary hair removal using warm or hot wax. Results can last for 4-6 weeks depending on natural hair growth cycle.

Parental consent required.

Eyebrow £3.00

Lip or Chin £2.00

Lip and Chin £2.50

Chest or Back (from) £5.00

Underarms £3.00

Forearms £4.00

½ Leg £5.00

¾ Leg £7.00

Full Leg £8.00

Bikini Line £3.00

## **Waxing Packages**

Parental consent required.

½ Leg, Underarm, Bikini £8.00

Full Leg, Underarm, Bikini £12.00

## **Skin Clinic**

Not available to under 18s.

### **Cosmetic peeling £20**

The treatment stimulates new cell growth: Helping to reveal fresher, clearer, brighter skin and to treat skin conditions such as fine lines and wrinkles, acne, hyper-pigmentation and sun damage.

### **Electrolysis £10 for 15 minutes**

Electrolysis is a safe, effective and permanent method of removing unwanted hair using a fine probe directly into the hair follicle.

### **Advanced Electrolysis £15 for 15 minutes**

A skin blemish removal treatment that removes warts, skin tags and thread veins, with excellent results for all skin types.

### **Skin Needling £30**

Microneedling is a safe and effective procedure that can improve the appearance of the skin. It may reduce wrinkles, diminish scarring, and tighten or rejuvenate loose or ageing skin.

### **Laser Treatments**

Laser treatments can be used for skin rejuvenation, acne scarring and permanent hair removal. Patch test required before treatment.

Skin rejuvenation (Face/neck) £25

Localised area £10

### **Permanent hair removal**

Chin/lip £8,

Underarm £10,

Bikini £15,

Half leg £15

Chest £15

Back/Full leg £20

## **Inspired Salons**

### **Dunfermline Campus**

Pittsburgh Road, Dunfermline, KY11 8DY

01383 559 111

### **Levenmouth Campus**

Methilhaven Road, Buckhaven, KY8 1HL

01592 223 268

### **Kirkcaldy Campus**

St Brycedale Avenue, Kirkcaldy, KY1 1EX

01592 223 530

Keep up-to-date with what's going on:

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